

MY NANA'S VOICE - SYNOPSIS

Growing up in working-class Limerick, Ireland, Lysha's world is small, lively and full of family. Just across the road lives the woman who will shape her life more than either of them realizes - her Danish-Irish Nana: formidable, funny, fiercely loving and absolutely certain that respect matters.

From childhood mischief to teenage rebellion, Nana's voice is always there. Sometimes roaring. Sometimes teasing. Sometimes offering exactly the few words Lysha needs to hear. Their relationship becomes the quiet compass of Lysha's childhood.

At eighteen, hungry for adventure, Lysha leaves Ireland for America on a one-year au pair program. At Limerick train station, waving goodbye to the family she loves, she is struck by an inexplicable feeling that she isn't really coming home.

What begins as a year abroad becomes a life when Lysha later wins the green card lottery. America brings independence and possibility, but also profound isolation. She marries, becomes a mother, and finds herself trapped in an abusive relationship far from the family and country that once anchored her.

Eventually, Lysha must flee with her two young daughters. With no home and little certainty about what comes next, she faces the terrifying task of rebuilding their lives.

And in those moments, she hears Nana.

Not as a ghost, but as something instinctive and unmistakable - the fierce inner voice that refuses to let her surrender. The woman who once taught a spirited little girl about courage and respect now seems to be guiding a mother toward survival.

As Lysha slowly rebuilds, an ocean continues to separate her from Nana. Then comes the loss she has always dreaded: Nana dies, and Lysha cannot afford to return to Ireland for her funeral. Unable even to walk through Nana's little house one final time, she is left with a grief that feels unfinished.

But what first feels like an ending becomes the film's deepest realization.

The voice Lysha has been reaching back across the Atlantic to hear has been growing inside her all along. Through motherhood, hardship, laughter and loss, Nana's strength has passed from one generation of women to the next.

Nana's voice has become her own.